



MASSAGE & BEAUTY

Maria Vansac

Home Studio in Liphook

112 Gunns Farm, Liphook, GU30 7HL

High Quality Treatments At Affordable Prices

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www.mmanamassage.com

FB page: Mana Massage & Beauty

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TREATMENTS AND PRICES AT HOME STUDIO

BODY

- **MASSAGE** - Combination of Deep Tissue, Myofascial Release, Free Hands and Relaxation Massage
- **PREGNANCY MASSAGE** or **LYMPHATIC DRAINAGE**
- According to **YOUR NEEDS**, Let me know what part you want to be focused on and for how long

Back, Neck & Shoulders for any above or other parts of body you like (e.g. Full legs, Lower Leg & Foot Massage, ...)

» 30 mins £25 » 40 mins £30

Full Body Massage for any above or other parts you like

» 65 mins £45 » 90 mins £60 » 120 mins £80

- **HOT STONES MASSAGE**

Back, neck & Shoulders or any other parts you like

» 30 mins £30 » 40 mins £35

Full body massage or any other parts you like

» 65 mins £55 » 90 mins £70

- **INDIAN HEAD MASSAGE – sitting or lying position**

Standard Indian Head Massage » 30 mins £25

Hot Stones Indian Head Massage » 40 mins £30

- **REFLEXOLOGY**

Standard Reflexology » 45 Mins £33

Hot Stones Reflexology » 50 Mins £38

Reflexology + Express Pedicure » 70 mins £45

WAXING AND EYE TREATMENTS

Half Leg	£15	Underarm	£10
3/4 Leg	£20	Forearm	£10
Full leg	£25	Eyebrow	£10
Bikini	£10	Lip £6 / Chin £6	
Full leg & Bikini	£30	Full Arm £15 / Back £15	
Eyeshash Tint	£10	Eyebrow Tint	£10
Eyebrow & Eyeshash Tint	£15	Eyebrow Tint & Wax	£15
Eyebrow Wax/Shaping	£10		

Patch test is required at least 24 hours before tinting

NAILS

MANICURE

Express/Shape, Cuticle and Massage	£15/ 30 mins
Standard/Express plus Exfoliation and Normal Polish	£20/ 55 mins
Luxury/Standard plus Hand Masque with Hot Mitts	£25/ 70 mins
Japanese Manicure/Express plus Exfoliation & Applying Japanese Nourishing Treatment	£20/ 50 mins

PEDICURE **please bring flip-flops if polish is required**

Express/Hard Skin Removal, Foot Scrub & Soak, Shape, Cuticle Work & Massage	£20/ 30 mins
Standard/Express Plus Normal Polish	£25/ 55 mins
Luxury/Standard Plus Feet Masque With Hot Bootees	£30/ 70 mins
Japanese Pedicure/Express Plus Applying Japanese Nourishing Treatment	£25/ 50 mins

FACE

Express Facial/Cleanse, Exfoliation, Massage of Face; Finish with Moisturising Cream	£20/ 30 mins
Luxury Facial (Express Facial plus Mask Shoulders & Scalp Massage; Finish with Moisturising Cream)	£33/ 50 mins
Hot Stones Facial (Same as Luxury plus Massaging with Hot Stones)	£38/ 60 mins
Anti-aging Facial	
Using a Galvanic Spa System leaving your skin smooth, nourished and stave off free-radicals	£30/ 30 mins £40/ 55 mins

Gift vouchers available - can be sent by email
Full Terms & Conditions are available at
www.mmanamassage.com